

World's best club wins



Event Details

25mannakorten 2016



Middle distance

Sunday the 9th of October

Information

Homepage: www.25manna.se

Inquiries: info@25manna.se

At the event venue: The information tent

There are special memos for traffic and accommodation, see www.25manna.se and Eventor. The final version of the event details will be published at the arena on the day of the event. It is the responsibility of each runner to read through the event details.

EVENT INFORMATION

Competition arena

Kungens Kurva approximately 15 km south of Stockholm City.

Parking

On the assigned parking areas, 3 000 m from the arena. Fee 30 SEK in cash or pay with Swish with no 123 049 70 57. Route guidance in the traffic-memo. We have only a limited number of parking spaces. Please use public transportations or car pool if possible. For more details, see the traffic-memo.

Buses

The getting off the buses will be ca 400m from the arena on the assigned places according to the traffic-memo. The buses will be boarded at the same spot. Use the sidewalks/bicycle path for the walk to/from the buses and the arena.

Bus parking

At the spot announced in special traffic-memo.

The traffic-memo will be published approximately two weeks before the competition.

Public transportations

Subway red line number 13 to Skärholmens C. From there it is a 2000 m stroller friendly walk. Alternatively take a bus to Kungens Kurva and get off at "Toyota". Please, refer to www.sl.se for more information on how to purchase tickets and travel suggestions.



World's best club wins



Rented SI-cards

Hired SI-cards are to be collected at the Info tent. Lost SI-cards will be charged 600 SEK.

Clothing

The clothing must cover the torso, entire legs and feet (according to SOFT's competition rules).

Start lists

Will be presented at Eventor and at <http://www.25manna.se> by the 7th of October at 20.00 o'clock at the latest and at the arena on the competition day.

Not selected runners and waiting list

The number of participants in the elite classes will be limited to 85 competitors per class and 5 vacancies per class. In the elite classes with more entries than that, will we do a selection. The runners who are not selected will be put on a waiting list.

Insertion of runners in elite classes from the waiting list will take place at the information tent on the competition day at 8.30 am. Runners from the waiting list must be present in person or represented by a leader, otherwise the vacancy place will go to the next runner on the list.

Cancellation

Cancellation in the elite classes shall be notified on Saturday October 8th at 23.00 at the latest to sara.thorn70@gmail.com or by phone/text message +46 70 162 93 46. Late cancellations will be given to the competition administration before 8.30 am on the competition day.

Seeding

The seeding of the starting field in the elite classes, will be done according to a procedure wherein the 20 highest ranked runners in each elite class will be randomly put in the later part of the starting field.

Open courses (Direct entry)

The Open courses are: ÖM1, ÖM3, ÖM5, ÖM7, ÖM8.

Direct entry to the open courses is done between the hours 8.30 and 11.30. You are allowed to start between 9:00 and 12:00.

The fee is 70 SEK for participants 16 years old or younger, and 115 SEK for others.

Renting a SI-card costs 50 SEK.

If you lose a SI-card you will be charged 600 SEK.

Fees are invoiced the clubs (only Swedish clubs) or are paid in cash in SEK, with a card or Swish with no 123 667 47 58.



World's best club wins



Start

First start at 9.00. Distance to start maximum 2,4km. Introduction classes (Inskolning and U) and open classes have free starting time between 9.00 – 12.00 am. Toilettes are along the way to start 1 and 2.

Start 1

Orange/white taping 2400 m. Classes: All elite classes, , H21-1, H21-2, H35, H40, H45, H50, H55, H60, D21, D35, D40, D45, D50, ÖM8.

Start 2

Orange/blue taping 1700 m. Classes: H20, H18, H16, H16K, H14, H65, H70, H75, H80, H85, D20, D18, D16, D16K, D14, D55, D60, D65, D70, D75, D80, D85, ÖM5, ÖM7, U4.

Start 3

Orange/yellow taping 550 m. Classes: H14K, H12, H12K, H10, D14K, D12, D12K, D10, UI, U2, U3, Inskolning, ÖM1, ÖM3

Introduction classes		Elite classes		Grown up classes			
Class	Length	Class	Length	Class	Length	Class	Length
Insk	1,6	W18E	3,7	W18	3,7	M18	3,7
U1	2,1	W20E	4,1	W20	3,7	M20	3,7
U2	2,5	W21E	4,9	W21	3,7	M21-1	4,9
U3	2,7	M18E	4,2			M21-2	5,0
U4	3,4	M20E	4,9	W35	3,6	M35	4,8
Youth classes		M21E1	5,4	W40	3,8	M40	4,3
Class	Length	M21E2	5,5	W45	3,3	M45	4,4
W10	2,2			W50	3,2	M50	3,9
W12 Short	2,2			W55	3,5	M55	4,0
W12	2,7			W60	2,6	M60	3,9
W14 Short	2,8	Open Courses		W65	2,6	M65	3,4
W14	3,4			W70	2,6	M70	3,4
W16 Short	3,4	Class	Length	W75	2,3	M75	3,3
W16	3,7	ÖM1	2,5	W80	2,3	M80	2,6
M10	2,2	ÖM3	3,3	W85	2,3	M85	2,3
M12 Short	2,2	ÖM5	3,7				
M12	2,8	ÖM7	3,5				
M14 Short	2,7	ÖM8	4,8				
M14	3,4			Length of courses in kilometer			
M16 Short	3,4			Degree of difficulty according to			
M16	3,8			SOFTs recommendations.			



World's best club wins



Excluded classes

With too few entries in a class, the class can be excluded and the participants will be moved to another class. This information will be given on the arena and in the starting lists.

Coveralls

Coveralls can be left at start 1 and 2 and will be transported back to the arena. The transported clothes will be left along the way to the showers. NOTE! No clothes will be transported from start 3.

Number bibs

To be collected at the start.

M21E: 1-99

M20E: 201-299

M18E: 401-499

W21E: 101-199

W20E: 301-399

W18E: 501-599

Map

Scale 1:10 000, for MW60- scale 1:7500, equidistance 5 m. The map newly drawn by Lars Nord, 2015. Laser printed by BL-Idrottsservice. The control description is printed on the map and can also be collected at start.

Livelox

Maps and courses will be published at Livelox after the competition. We would highly appreciate you downloading you GPS tracks here.

Shadow maps

Black and white shadow maps available at the start for introduction classes (Inskolning and U-classes).

Happy and sad smilies

There are happy and sad smilies along the course for the introduction class (Inskolning).

Terrain

The terrain consists mainly of moderately hilly woodland with easily crossed hills. Some parts are very detailed. The larger part of the terrain is highly passable, but part of the area is flat with limited visibility and accessibility. The area is crossed by numerous paths. The easier courses will be in an area with fields and paths. Within the area there is a number of archery boards. These are not shown on the map.

Emergency vehicle road through the competition area

The competition area is crossed by a road for emergency vehicle, to make it possible for them to get from Huddinge to Kungens Kurva.

During the competition days, the road may be used by emergency vehicles. They will have their sirens and emergency vehicle lighting on.

It is strictly prohibited for runners to cross the road when the emergency vehicles are coming. Stay at the roadside and clearly indicate that you are waiting for them to pass.



World's best club wins



Electronic punching system – SportIdent (without "touch-free" function)

If a SI-unit is not working use the conventional punching and punch in the square on the map. Runners who have not finished the course must also go through checkout for registration.

SIAC "Touch-free" can be used, but not with its touch free function. You have to punch it as you do with the other SI-cards. That is, you can use any SI-cards.

Course time limit

Two hours.

Protests

Protests on the decisions of the competition's organization shall be submitted in writing as soon as possible but at the latest 2 h after the competition is finished.

The competition is finished two hours after last starting time.

Prizes

Prizes will be given in HD10 – HD16 and in the elite classes in accordance with information given at the result board. Prizes to everyone in the introduction classes (inskolning and U-classes) at the finish.

Tapes

Some unclear paths are marked with white tapes in the forest.

Forbidden areas

Forbidden areas are marked with violet stripes on the map. In the terrain the forbidden areas are marked with blue/yellow tapes around the runner's tracks. Outside these areas or where the forbidden area is bordered to a fence or road there are not always tapes.

The road north of the competition area is forbidden to tread. There are inspectors out in the terrain. Entering the forbidden areas unconditionally means disqualification.

Competition rules

The rules of the Swedish Orienteering Federation (SOFT) apply.

SERVICES

Payment

On the arena you can pay in cash with SEK, with a card and Swish.

The Swish numbers are:

Miniknat and open courses use Swish-no: 123 667 47 58.

The café use Swish-no 123 418 39 01

For parking use Swish-no 123 049 70 57



World's best club wins



Shower and toilets

A warm outdoor shower is located northwest of the competition arena, ca 300 m away. Toilets are to be found in the western part of the competition arena close to sports sales tent- and at the showers.

First aid

A first aid centre is located just south of the Info tent.

Observation of wildlife

All observation of wildlife shall be reported to personnel at "Viltrapport" (Wild life report) after the checkout.

Child care

There is no child care.

Results

During the competition preliminary results will be posted. The results will also be published on liveresultat.orientering.se. Final results will be available on Eventor.

String course ("Miniknat")

String course ("Miniknat") is located at the southern part of the competition arena with start between the hours of 9:30-13:00. The fee is 20 SEK per participant. The fee can be paid i cash (SEK), card and Swish with no 123 667 47 58. Included in the fee is a prize which each participant receives upon finishing. If you have a SI-card, please bring it with you.

Café

A well assorted café with sandwiches salads, food and a barbecue. The menu and prices will be published on our website. News this year is an extended menu with more vegetarian food alternatives. The café is also designed as a food court. Decide what you want to by and take it to the register, where you can pay with cash in SEK, with a card or Swish. On Saturday we open at 7.30 am.

You can find us in a big café tent and one smaller kiosks. The Swish no is: 123 418 39 01

Sport equipment sales

Jobber Sport provides a big assortment of equipment for different sports and orienteering. They have everything from compasses and shoes to clothes for running and sports drink.

Exhibition

Kajaksidan are showing and selling kayaks and equipment for an active life at sea. They have special offers for 25manna.

SAR Sweden is a voluntary organization, which helps for example the police to look for missing people, when needed. During 25manna SAR will help us, if necessary, to get injured runners from the forest. They will also show and describe their work/organization.

Nordic Green Energy delivers renewable energy from the sun, the wind and the water. They are cooperative partners with The Swedish Orienteering Federation. During Saturday Nordic Green Energy will organize competitions for individuals and for the club. You can win nice prizes.



World's best club wins



Nordic Native is an Internet store and an inspiration for outdoor living and adventures. They will during 25manna show parts of their activities and assortment.

JWOC: "The Junior Orienteering Championship 2017 is held in Tampere, Finland. The organizers will be present and inform you about the event and the public races."

O-travel is an established travel agency with trips to Spain, Portugal and France for training. They will present more information at the exhibition area.

Please visit our exhibitions and sales representatives during the weekend.

Head of competition

Björn Nyqvist, OK Södertörn
Olle Blomgren, OK Södertörn
info@25manna.se

Course planners

Per Kallhauge, Snättringe SK

Course controller

Rune Rådeström, Snättringe SK

Press

Stefan Svensson Gelius, Snättringe SK
press@25manna.se

Information

Nadja Dahlström, Snättringe SK
info@25manna.se

Announcer

Ola Jodal

Competition admin

Katarina Lindbärg, OK Södertörn
Per Franzén, OK Södertörn

Competition technology

Göran Nilsson, Snättringe SK
Anders Karlsson, Snättringe SK

Competition arena & services

Sven Setterqvist, OK Södertörn
Sune Sisell, OK Södertörn

Competition controller

Olof Hernander, Haninge SOK

Competition jury

Will be posted on the arena.

Welcome to 25manna 2016

