



Invitation

25manna middle distance

Sunday October 8, 2017

Competition venue

Ensta Gård, Vårsta, Botkyrka
GPS - 59.175901, 17.767317

Map

Newly drawn in 2016-2017 by Roger Åsberg. Scale 1:10 000, equidistance 5 m.
Offset print.

The current map is available for purchase for 50 SEK. Contact Roland Gustafsson, email address 8666gustafsson@telia.com, ph. +46 70-556 62 48.

Terrain

The terrain is a nature reserve consisting of moderately hilly woodland, which for the most part is easily traversed. The area contains many open, intricate and runnable hills and is rich in paths.

Start

U-classes, inskolning and open courses have free start from between 9.00-12.00. First start at 9.00. The distance to the start is about 700 meter for the younger and elderly participants, and 2500 for everyone else.

When making the entry you can chose if you want late or early start.

Entry

Entry via Eventor. <https://eventor.orientering.se/Events/Show/15464>
Entries can be made to standard pricing until September 24th at 24.00. Late entries can be made until October 4th at 24.00 for an increased fee.

When making the entry you can chose if you want late or early start.

Sportident

All versions of SI-cards are allowed.

SI-cards can also be rented via Eventor. If the card is not returned, the club will be charged a 600 SEK fee.

Bulletin

The bulletin for the competition will be published on www.25manna.se and on Eventor in September. It will also be put up at the arena.

Preliminary course lengths

Inskolning and U-classes		Elite classes		Senior classes			
Class	Length	Class	Length	Class	Length	Class	Length
Inskolning	1,8	W21E	5,0	W21	3,7	M21	5,1
U1	2,0	W20E	3,9	W20	3,6	M20	3,7
		W18E	3,8	W18	3,6	M18	3,7
		M21E	5,7	W35	3,6	M35	4,8
Junior classes		M20E	4,8	W40	3,6	M40	4,2
Class	Length	M18E	4,0	W45	3,1	M45	4,2
W16	3,5			W50	3,1	M50	3,6
W16 short	3,0			W55	3,1	M55	3,7
W15		3,5		W60	2,5	M60	3,5
W14	3,0			W65	2,5	M65	3,1
W14 short	2,5	Class	Length	W70	2,5	M70	3,0
W13	3,0	OM1	2,5	W75	2,1	M75	3,0
W12	2,5						
W12 short	2,0	OM3	3,0	W80	2,1	M80	2,5
W11	2,5	OM5	3,5	W85	2,1	M85	2,1
W10	2,0						
M16	3,0	OM7	3,5				
M16 short	3,0	OM8	4,7				
M15	3,5						
M14	3,0						
M14 short	2,5						
M13	3,0						
M12	2,5						
M12Short	2,0						
M11	2,5						
M10	2,0						
				Course length in kilometres			
				Level of difficulty in accordance			
				with SOFT's recommendations			

String course ("Miniknat")

A string course will be offered at the arena with start between 9.00 and 12.00. Entry fee 20 SEK per participant.

Parking

In the assigned parking areas, 200-400 meters from the arena

Busses

The busses will stop to drop passengers off 1500-2500 meters from the arena.

Public transport

Commuter train to Tumba. Buss 716 from Tumba station to Bremora, followed by a 1700 m walk to the arena. Or buss 727 from Tumba station to Vårsta centrum, followed by a 2500 m. walk to the arena.

Accommodation

We offer accommodation on the floor in Malmsjö Skola (School of Malmsjö), Vårsta, at a 2500 m walking distance from the arena. Breakfast is included and reservations can be made in Eventor. On Saturday, dinner will be offered. More detailed information will be published on www.25manna.se. Questions regarding accommodation should be sent to logi@25manna.se

Entry fee until 24th of September (standard fees)

Competition class elite	220 SEK	Incl. Parking fee 15 SEK
Competition class seniors	170 SEK	Incl. Parking fee 15 SEK
Competition class junior up to, and incl. MW16	75 SEK	
Open classes seniors	145 SEK	Incl. Parking fee 15 SEK
Open classes juniors up to and incl. MW16	75 SEK	
Rental of SI-Card	50 SEK	

Entry fees 25th of September – 4th of October (late entry)

Competition class elite	330 SEK	Incl. Parking fee 15 SEK
Competition class seniors	255 SEK	Incl. Parking fee 15 SEK
Competition class junior up to, and incl. MW16	112 SEK	
Open classes seniors	145 SEK	Incl. Parking fee 15 SEK
Open classes juniors up to and incl. MW16	75 SEK	
Rental of SI-card	60 SEK	

Payment of fees

Swedish clubs will be charged after the event. Participants in open classes who are not members of a SOFT-registered club pay in connection to making their entry in the arena (cash, card or Swish).

Foreign participants should pay their entry fee in advance to the bank below:

Payment information

From Sweden	Plusgiro: 41 14 04-7 Bankgiro: 5152-9139 Kontohavare: 25manna Tullinge Tumba
From other countries	IBAN SE03 9500 0099 6026 0411 4047 BIC: NDEASESS Payment recipient: 25manna Tullinge Tumba

Showers

Warm showers outdoors in the arena.

Food Service

Well assorted food service with hot food and a grill. The serving concept will be the same as at 25manna 2016, with a "supermarket"- concept, where you get your food and pay at a cashier at the exit. Menu and prices will be published on

www.25manna.se

Sport's equipment

A large, well assorted selection of sport's equipment will be sold in the arena.

Competition directors

Lennart Agén, Tullinge SK and Per Ånmark, IFK Tumba SOK

Course planner

Kennet Olander, Tullinge SK and Mats Käll, IFK Tumba SOK

Controller- event

Henrik Skoglund, Södertälje Nykvarn Orientering

Controller- courses

Göran Nilsson, Snättringe SK

Queries

Webpage: www.25manna.se

Questions: info@25manna.se

With reservation for changes. All changes will be published on www.25manna.se

Welcome!

TULLINGE SK
BOTKYRKA

SHH
SHH Bostad

 Gröna gårdar

Mila



KAJAKSIDAN^{.SE}

Nordic Green Energy