



Världens bästa klubb vinner



Invitation

# 25manna-relay

Saturday October 6th 2018

Arena Hägerstalund

## Competition Arena

Hägerstalund, Järvafältet

GPS 59.42333 N 17.90195 E

## Map

Revised 2017-2018 by Ulf Radler. Scale 1:10000, 5m contour interval. Offset printing.

## Terrain

The competition area is a nature reserve with mainly runnable and moderately undulating terrain. There are some areas of windblown which can slow down runnability.

## Start and estimated Finished time

The relay will start at 9:00 and the winning team is estimated to finish at around 14:15.

The mini-mass start for all remaining legs will be at 16:00. The last leg will be shortened to 6km for those in the mini-mass start.

## Legs and Team Composition

This year women run the first leg and the last leg is open to all runners.

A team must comprise of a maximum of 9 H21-39 and at least 7 women. Of the 7 women at least one should be D14 or younger or D45 or older; and at least one should be D18 or younger or D55 or older. Additionally at least one HD16 or younger must be in the team.

## Preliminary Course Lengths

Leg	Nr.of Runners	Course Length km	Difficulty	Age, Class
1	1	5,6	Blue	Women
2	1	7,5	Blue	All
3	4	4,2	Red	Notj H17-39
4	4	2,9	White	Not D19-39, H15-54
5	4	6,5	Blue	All
6	4	4,2	Red	Women
7	4	5,1	Red	All
23	1	3,9	Orange	Not D19-34, H15-49
24	1	6,3	Blue	Women
25	1	8,9	Blue	All

A 600m taped route is not included in the course lengths.

### **Competition rules**

The Swedish Orienteering Federation rules apply along with information given in the final details.

### **Final details (PM)**

Final Details (PM) will be published at [25manna.se](http://25manna.se) and on Eventor latest Sunday before the competition, as well as at the arena.

### **Car Parking and Bus Drop-off**

On Barkarby's old airfield approximately 600 metres from the arena. Separate traffic details will be published later.

### **Public Transport**

It's easy to get to the arena using Stockholm's Public Transport system (SL). Akalla is the closest bus and underground station. Check [sl.se](http://sl.se) for routes and times. The route from Akalla will be signed and is 1400 metres.

### **Registration**

Registration is via Eventor. Normal registration is until 31st August. Team declaration can be handed in later, more information in the final details.

### **Late Entries**

Until 16th September with an increased fee of 50%. Until 30th September with an increased fee of 100%.

### **Combined Teams**

Is it hard for your club to fill a whole team? Combined teams, according to SOFT's rules, are welcome and can be registered via Eventor. In the registration guide under "help and support" there is information about how to register a combined team.

### **Sportident**

All versions of sportident are permitted.

Sportident numbers don't need to be registered beforehand. The number will be linked to the runner when they check-in to the change-over area. Each sportident number can only be used once during the competition.

Sportident can be hired when registering via Eventor. The club will be charged 600kr for any that are not returned.

### **Pitch for Club Tent**

Booking of a pitch for club tents can be done via Eventor, latest 31st August. Bookings after this date will incur an increased fee.

### **Tent Hire**

We offer the possibility to hire a tent that is already set up. Booking via Eventor latest 31st August.

### **Accommodation**

Floor accommodation, including breakfast is offered. Booking is via Eventor. Detailed information will be published on [25manna.se](http://25manna.se). Any questions regarding accommodation, please mail [logi@25manna.se](mailto:logi@25manna.se).

## Fees Until 31st August (normal fees)

Registration fee, per team	5 430	600 kr fee is included (car/bus)
Sportident hire	50	
Pitch for club tent	400	Area 4,5x6 meter
Hire tent 4x4m	7 500	
Floor accommodation, per night and person	150	Including breakfast

## Fees 1-16 september

Registration fee, per team	7 845	600 kr fee is included (car/bus)
Sportident hire	60	
Pitch for club tent	600	Area 4,5x6 meter
Hire tent 4x4m	9 000	
Floor accommodation per night and person*)	200	Including breakfast

## Fees 17-30 september

Registration fee, per team	10 260	600 kr fee is included (car/bus)
Sportident hire	75	
Pitch for club tent	800	Area 4,5x6 meter
Floor accommodation, per night and person*)	250	Including breakfast

\*) depending of availability

## Payment of Fees

Payment for normal registration fees and other services must be received latest **5th September**. Give the club name and type of fee as a reference.

Payment for late entries must be paid directly and must be received latest **3rd October**.

Club bags will only be handed out if all fees are paid.

## Payment Information

From Sweden	Plusgiro: 104 65 65-6 Account Name: VÄSBY ORIENTERINGSKLUBB EGNA TÄVLINGAR
From other countries	IBAN SE38 9500 0099 6026 1046 5656 BIC: NDEASESS Payment recipient: VÄSBY ORIENTERINGSKLUBB EGNA TÄVLINGAR

## Open Courses with Entry on Day

Open courses between 2.5 - 6.0km and with varied difficulty will be offered. See separate invitation for "motionsorientering 25manna 2018". Fees upto HD16 75kr; others 145kr (including parking fee).

Registration in the arena is open from 8.30 till 13.30. Open start times between 9.15 - 14.00. It is possible to enter beforehand via Eventor. The competition is called "Motionsorientering 25manna".

## String Course

A string course is offered at the arena from 9.30 - 14.00. Cost - 20kr per participant.

## Shower

Warm, outside showers will be situated in the arena.

## Catering

There will be a variety of warm food, barbeque food, sandwiches, pasta salad, fruit, sweets, drinks, coffee/tea, cakes etc offered. There will be plenty of tills to help reduce queues. The menu and prices will be posted at [25manna.se](http://25manna.se)

## Sports Shop

A sports shop with a large assortment will be in the arena.

## Organisers

Jonathan Alm, Järfälla OK och Torgny Rundlöf Väsby OK

## Planners

Stefan Sundelius och Per Lindh, Järfälla OK

## Competition Controller

Björn Nyqvist, OK Södertörn

## Course Controller

Lars Roos, Attunda OK

## Information

Homepage: [25manna.se](http://25manna.se)

Questions: [info@25manna.se](mailto:info@25manna.se)

With reservation for changes. All changes will be published at [25manna.se](http://25manna.se)

# *Welcome to the 25manna Relay 2018!*

